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Emotional Guidance Scale

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1. Joy/Appreciation/Empowerment/Freedom/Love
 2. Passion
 3. Enthusiasm/Eagerness/Happiness
 4. Positive Expectation/Belief
 5. Optimism
 6. Hopefulness
 7. Contentment
 8. Boredom
 9. Pessimism
 10. Frustration/Irritation/Impatience
 11. Overwhelm
 12. Disappointment
 13. Doubt
 14. Worry
 15. Blame
 16. Discouragement
 17. Anger
 18. Revenge
 19. Hatred/Rage
 20. Jealousy
 21. Insecurity/Guilt/Unworthiness
 22. Fear/Grief/Desperation/Despair/Powerlessness